



Chesterfield u3a
OPEN MEETING

on

Wednesday 5th July

from 2 pm – 4 pm

in the Market Hall

BOB NEILL will lead

an activity called

BITS AND BOBS

Your Committee and Key Volunteers 2023–2024:

Honorary Officers:

Chair: Irene Wilkinson, 01246 234924

chair@chesterfieldu3a.org.uk

Vice Chair: VACANT

Secretary: Carole Grew, 01246 568841

secretary@chesterfieldu3a.org.uk

Treasurer: Richard Turley, 01246 591300

treasurer@chesterfieldu3a.org.uk

Other Committee Members,

some of whom have additional key volunteer roles:

Sue Atherton, 01246 229469, susanatherton56@gmail.com

Lynn Cussons, (Assistant Treasurer) 07887 884876,

assistanttreasurer@chesterfieldu3a.org.uk

Kathryn Lambert, (Membership Secretary)

684 Chatsworth Road, Chesterfield S40 3NU

membershipsecretary@chesterfieldu3a.org.uk

Valerie Myers, (New-member Supporter) 07928 327876,

newmembersupport@chesterfieldu3a.org.uk

Roger Watts, (Beacon Administrator) 01246 276161,

beacon.admin@chesterfieldu3a.org.uk

Other Key Volunteer Roles:

Facebook Moderator: Howard Borrell,

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meetingsorganiser@chesterfieldu3a.org.uk

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Website Manager: Mark Hoare, 01246 566722

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u3a BUSINESS

COPY DATE FOR NEWSLETTER number 174 SEPTEMBER

Please send all items for the Newsletter to Jeanne Clark by email or post to the address above, as soon as possible and by **8th August** at the latest. The editor will acknowledge receipt, edit, and abridge as necessary and her decision on inclusion, content and format is final.

AUGUST 2023 e-BULLETIN

Coordinators with new information which they want to pass on to their members, or details of activities or events which are coming up, should send the details to Jeanne Clark by **23rd July**.

NOTES FROM THE CHAIR

I am enjoying the June sunshine at the time of writing these notes – I hope it lasts so we can all enjoy u3a garden and history visits, walks and other summer pastimes in good weather.

The Committee is constantly trying to ensure that u3a events and group meetings are activities in which members can participate safely and free from conflicts. In furtherance of this aim, last August we approved a Safeguarding Policy, some brief details of which are included later in the newsletter. We are currently working on a Complaints Procedure which will help members and the Committee deal effectively with any conflicts or issues which do arise.

Before long we hope to start distributing a newly created *Welcome to Chesterfield u3a* booklet to new members, providing information which will enable them to make the most of their membership right from the start. It includes a short, simple Code of Conduct for members, recently approved by the Committee, setting out the conduct requested of members in appreciation for the events, activities, and other benefits of membership.

Irene Wilkinson, 01246 234924, chair@chesterfieldu3a.org.uk

NEW MEMBERS

A very warm welcome to our new members:

Barbara Milton, Michael Bestwick, Natalie Green, Darryl Blackwood, John Munt, Roger Ryder, Ann Hartley, Alf Crawshaw, Lynn Elliott and Mick Watson.

Kathryn Lambert, Membership Secretary

VACANCIES FOR VOLUNTEERS

Our u3a could not operate without members volunteering to take on the variety of tasks involved in running groups, administration, membership, events and publicity etc. We rely on volunteers, and we greatly appreciate the contribution they make. As well as helping the organisation, volunteering is known to improve the well-being of the volunteers themselves and to enable them to gain new skills and experiences. It's a way of meeting people and making friends.

We are seeking:

A Vice-chair/trustee: to share the role of leading the Committee, and deputising for the Chair in her absence; previous committee experience is desirable.

The Committee meets monthly (at the moment, we alternate between face-to-face and Zoom meetings) and communicates, if necessary, by email in between meetings.

contact Irene Wilkinson

Publicity and Promotions volunteers: to help with leaflets and displays, promotional events, press releases etc. Previous experience of any of these activities would be really useful but not essential. We are not expecting one person to do all these things! It would be good to have a communications and PR team again, with volunteers sharing the different tasks.

contact Irene Wilkinson

Assistant Meetings Organiser: to act as a back-up in case the Meetings Organiser is absent. The bi-monthly Open Meetings with guest speakers are important events enjoyed by members.

contact Samantha Roberts

Beacon Database Administrator and Assistants: these opportunities would be ideal for people with experience of working with membership or financial records or databases, and who wants to maintain their skills. However, training would be given to someone without such experience. Beacon is our membership and group administration system database and vital to the smooth running of our u3a.

contact Roger Watts

Travel Team: We are seeking to set up a travel team of volunteers to organise day trips from the beginning of 2024.

contact Irene Wilkinson

OPEN MEETINGS

Hi, everyone

My name is Samantha Roberts, the Meetings Organiser.

I am asking for your help please.

When we all come together for our afternoon meetings, I need to know if the speakers are of interest to you, because it is supposed to be a pleasant afternoon of laughter and learning. If there is anything that you can tell me about your reactions to the speaker that would have made it a better experience, I would very much appreciate it. I would like to know whether you could see/hear, if it was too long or short, interesting or boring. This is so we can get speakers that you all like.

Please could you email me your thoughts (address below).

I hope to have a mini questionnaire at the room entrance for your thoughts so you can remain anonymous if you prefer! You can see me at the meeting, but not in front of the speaker please!

Rest assured that none of this information will be passed on. It is purely for planning an enjoyable afternoon for you.

As a note, we realised at the AGM that we needed a shorter time for the speaker in future. This will be sorted for next year.

Many thanks to you all

Samantha Roberts, meetingsorganiser@chesterfieldu3a.org.uk

WELCOME TO CHESTERFIELD u3a BOOKLET

A new booklet has been produced to provide new members with useful information about Chesterfield u3a, and to help them make the most of their membership right from the start. An e-version will be sent to new members joining online, with a paper copy posted out to other members along with their membership card.

We hope to start sending them out by the beginning of July but will also be sending copies to members who have joined since the beginning of the year.

SEPTEMBER MEETING FOR NEW MEMBERS

This is advance notice that new u3a members (ie members who have joined us since the beginning of January 2023) will be invited to an informal get-together in September. The aim of the event is to give new members an opportunity to meet other new members, to gain further

information about how they can make the most of what our u3a offers, and to offer feedback on their experiences as a u3a member so far. Invitations will be sent out in August with details of the date, time and venue, but we can promise there will be refreshments including cake!

CODE OF CONDUCT FOR MEMBERS

The Committee hope that, as a Chesterfield u3a member, you feel welcome and valued, and enjoy the benefits offered by membership.

In return, we ask that you adhere to a short **Code of Conduct**, approved on 28th April:

Members:

- treat one another in a friendly manner and with respect;
- support diversity and inclusion;
- act in the best interests of Chesterfield u3a;
- abide by Chesterfield u3a's policies and procedures;
- participate in Chesterfield u3a activities.

The Code of Conduct is included in the new *Welcome* booklet, so all new members will see it as part of what they have signed up to in joining Chesterfield u3a, but it applies to all members.

SAFEGUARDING POLICY AND PROCEDURE

The Charity Commission requires any organisation involved with people which it classes as 'vulnerable adults' to have a policy setting out how it will protect them from abuse, harm, neglect or exploitation. Chesterfield u3a Committee approved a revised Safeguarding Policy in August 2022; it can be viewed on our website (via a link on the Boring Bits page) or a paper copy can be obtained from the Secretary on request.

As u3a members, we all have individual responsibility for behaving in a manner which enables the well-being of other members and keeps them safe. We also have a collective responsibility for creating and fostering a culture in which members not only feel safe, but also feel able to speak up if they have any concerns.

Members may feel they are not likely to be subject to abuse etc. and for the majority of members, most of the time, that is true. However, many of us may on occasions feel vulnerable for a time, perhaps because of illness, injury, bereavement or other circumstances, and so it is

appropriate for our u3a to try and ensure that members are protected, but also to have procedures in place to deal with any instances of abuse which might occur.

Members who have any concerns about safeguarding, either in relation to themselves or to someone else, should contact the Safeguarding Lead for Chesterfield u3a - currently the Chair. Appendix 3 of the Policy has some guidance on what to do if someone begins to disclose information about possible abuse they are, or have been, experiencing.

Irene Wilkinson, Chair

DERBYSHIRE u3as: WALK AND TALK EVENTS

Derbyshire u3as are running a series of walks and talks to which you are invited. If you are interested, please book your place with the named contact person.

New Mills u3a/New Mills Local History Society

Mike Daniels, historian from New Mills Local History Society, will talk about the history and buildings on the route, taking in Rock Mill Lane, Torr Top Street, the top of High Street, Meal Street, the bottom section of High Street, Dyehouse Lane, Spring Bank and Spring Bank Arts Centre where the walk finishes.

There are fairly steep slopes with narrow pavements, some cobbles, so stout walking shoes are advisable.

Date and time	Thursday 6 th July: 10.30 am
Place	Rock Mill Centre (Rock Mill Lane, behind the Bus Station; car parking Market St, Torr Top St, Town Hall (fee))
Max. no.	None
Contact	Mike Daniels, secretary.nmlhs@gmail.com

There are other walks coming up:

Wirksworth on Saturday 23rd and Matlock on Monday 25th September

INTEREST GROUPS ONLINE u3a

Interest Groups Online u3a is a nationwide u3a which offers the opportunity to participate in groups, talks and courses from the comfort of your home. If you can't get out easily for some reason or find that an interest group you want is not available in your local u3a, this could be useful to you.

Like any u3a, the activities are run by members and are a great way to meet online people from across the u3a movement. It costs £12 to join, but less if you are already a member of a local u3a. Membership runs from 1st April to 31st March, and you will need to complete a short online form to join.

Once you are a member, you can choose your groups by logging on to [Interest Groups Online](#) on the Beacon Members Portal and click on a group you want to join (there are currently around 70 groups). If the group is full, you will be invited to join the waiting list.

Full details on how to join, and information on current groups, can be found on the *Interest Groups Online* website:

<https://www.u3a.org.uk/learning/interest-groups-online>

UP AND COMING EVENTS

CHESTERFIELD u3a SPRING WALKING HOLIDAY

The 2024 walking holiday, 15th - 22nd March, is based at Nythfa House, Brecon, Bannau Brycheiniog National Park. The cost will be around £584 per person. A deposit of £100 is required on booking, and balance is due by 19th January 2024. The holiday is full board including packed lunches. There are seven double/twin rooms available.

Walks of varying lengths are organised daily although you may wish to use it just as a holiday base. Talks, quizzes, games and music are organised in the evening. You will need to make your own way there but lift sharing can usually be arranged.

If you're not a walker you could visit Big Pit Mining Museum, Hay-On-Wye, Dan Yr Ogof, National Showcaves, Cardiff, and Hereford.

If you are interested, please contact me.

Valerie Myers, 07854 509129, or vm Myers@talktalk.net

At the **OPEN MEETING**
on **Wednesday 5th July**
from **2 pm – 4 pm** in the **Market Hall**
BOB NEILL will lead an activity called
BITS AND BOBS

This will be a fun session that involves all members.
We bring a box of old items which came out of my
grandfather's shop and house.

We pass the items around the group to see if
they can work out what they are or what they were
used for.

It makes for a really enjoyable social session.

We have around 20 boxes in the collection.

There will be a lot of reminiscing and laughter!

There will be a **Coffee Morning** on
Wednesday 2nd August
with refreshments served from **10.15 am – 11.45 am**
upstairs in Rooms 1 and 2 at the Market Hall. This is a
chance to meet other members or catch up with
friends.



GROUP AND ACTIVITY NEWS AND PROGRAMMES



POSSIBLE NEW SUPPER GROUP

The two existing supper Groups are full, but there are two people who are interested in setting up a third. Is there anyone out there who would like to join them? If so, contact Irene Wilkinson to try and get the group going.

chair@chesterfieldu3a.org.uk

COUNTRY DANCING

Country Dance dates are:

27th July, 24th August, and 28th September.

We meet in the Ragged School Church Hall, Markham Road from 7-9pm.

All welcome – just come along and enjoy some movement, music and fun.

Joy Houghton

GARDEN APPRECIATION GROUPS

The joint Garden Appreciation Groups are looking for a small number of u3a members to join us on our outing to the **Dorothy Clive Garden**, Willoughbridge, Market Drayton, TF9 4EU, on Tuesday 18th July 2023.

Cost: £24 for a full coach, garden entry and driver's tip.

There is an option to have a tour of the garden lasting ¾ hour at an added cost of £2.40 per person. A booking form is available online: go to Chesterfield u3a website and find the Groups page. Click on Garden Appreciation and in the description of the visit there is a link to take you to the booking form. Or, for a paper copy, contact June (details below).

This 4.8-hectare plantsman's paradise features a quarry of azaleas and rhododendrons, roses, herbaceous and tropical borders, and a Mediterranean glasshouse. There is a new winter garden in the quarry with waterfall, an alpine scree and pool, rose walk and amazing seasonal

borders. There is a tea room serving drinks, light lunches and afternoon teas, as well as a gift room. A picnic can be eaten in the garden.

Colonel Harry Clive created the original garden to provide walks for his wife, Dorothy, as she battled Parkinson's disease. The Willoughbridge Garden Trust has been managing what has become a much larger garden.

June Partington, 01246 232169, j_partington@hotmail.co.uk

GEOLOGY GROUP OUTINGS AND MORE

Tuesday 11th July: Wensley Dale and Northern Dale

All outings start from Eyre Chapel at 10 am.

Please contact Pamela to book your place and for further details.

If you are disappointed that there are no indoor meetings in the summer, here are some films you can watch to pass away those rainy days:

True Gritstone, David Coppermine, Lava Story, Schindler's Schist, A Fissure called Wanda, Meet the Frackers, Titanium, The Alum O, A Ridge too Far, The Goldfather, Frankenstone, Strata Wars, Pyrites of the Caribbean, The Gneiss Guy, and, of course, Rocky.

Pamela Boulton, 01246 237622, pamelaboulton@hotmail.com

PLAYREADING GROUP

Calling all male would-be thespians!

The u3a Playreading group, co-ordinated by Margaret Armour, would love to have two or three male members. No need to learn lines, as we just sight-read a variety of plays from the comfort of armchairs. We meet once a month in the Walton area.

Please contact me if you are interested.

Margaret Armour, 01246 232134, or marmourling@talktalk.net

UPWORDS

We meet every other Wednesday at 1.45 pm at Loundsley Green Community Centre.

The next meetings are on 5th and 19th July, and 2nd, 16th and 30th August.

We play by the slightly informal "Chesterfield" rules, aiming to learn new words as we play.

Tony Clark, tony.clark1@btinternet.com

WILDFLOWER GROUP WALKS

Here is the second half of this year's walks programme.

14th July: Carr Vale/Peter Fidler nature reserves, Bolsover: meet in the County Council Stockley Trail car park (off the bottom of Bolsover Hill, A632); *OS grid ref SK463707*

28th July: Avenue Washlands Country Park, Wingerworth: meet in the car park on Hornbeam Drive, just off the A61, Derby Road; *OS grid ref SK387680; postcode S42 6NB*

18th Aug: Burbage Edge: for moorland and upland flowers. Meet in the main National Trust Longshaw Estate car park (charge for non-members) off the B6055; *OS grid ref SK267800; postcode S11 7TZ;*

1st Sept: Hardwick Ponds: park in the National Trust Education Centre car park (charge for non-members); *OS grid ref SK 453640;* (turn onto Mill Lane from A6175 then follow signs for the Hardwick Inn not Hardwick Hall, and turn left just after you've gone under the motorway).

All the walks are morning-only walks. We meet at the venue at 9.50 for a 10 am start. If you have not been on one of our walks before, please contact me in advance. Please car share if possible, in this time of increasing energy and other costs. If anyone needs a lift, please contact me and I will email round group members.

Irene Wilkinson, 01246 234924, iw43central@gmail.com

WINE GROUP 1

Dave is a poet, but we didn't know it!

*[This poem is reproduced **exactly** as written. Editor]*

GOODBYE THIS DISCONTENT

AFTER YEARS OF COVID DISCONTENT

POSSIBLY CAUSED BY A CHINESE EXPERIMENT

OUTSIDE WE MET 6 AT A TIME IN THE PARK BUT NOT IN A TENT!

THEN MINISTERS MADE RULES WHICH THEY GLADLY BENT

WITH PARTIES HAPPENING THROUGHOUT GOVERNMENT

SO UP NORTH A MINISTER DROVE HE SAID TO GET SOME REST IN

WHEN ALL THE TIME IT WAS HIS EYES THAT NEEDED TESTING

WHAT ELSE COULD GO WRONG EVERYONE WAS THINKING

WARNINGS AROUND THE ECONOMY IS Shrinking

NEXT ON THE LIST A WAR IN UKRAINE

CAUSING EUROPE TO SUFFER MORE LOSS AND PAIN

GAS AND OIL FROM RUSSIA NO MORE
EUROPEAN MONEY WON'T SUPPORT PUTIN'S WAR
BACK HOME WHAT ALL THIS MAYHEM MEANT
WAS AN ENERGY WARNING FROM THE GOVERNMENT
WITH PRICES SOARING OUT OF CONTROL
THE GOVERNMENT SET OUT A PROTOCOL
WAGGING THEIR FINGERS, YOUR BELT YOU'LL NEED TO TIGHTEN
LESS FOOD IN THE SHOPS, THAT SHOULD MAKE IT HAPPEN
WE'VE HAD 3 PRIME MINISTERS ALSO CHANCELLORS GALORE
EVEN THEY DON'T KNOW WHO'S LIVING NEXT DOOR
AFTER THE 4 CHANCELLORS OF THE APOCALYPSE
IS HS2 THE NEXT COLLAPSE
WE'VE NOW HAD STRIKES IN ALL OF THE SECTORS
AFFECTING CONSTRUCTION- TRANSPORT- NURSES AND DOCTORS
WHILE ALL THE TIME BOATS OF PEOPLE KEEP LANDING
TAKING ADVANTAGE OF OUR GOODWILL AND UNDERSTANDING
SUELLA BRAVERMAN WITH IMMIGRATION PAPERS TO SORT
WHAT SHE NEEDS IS A STRONG GLASS OF DE-PORT
SO AFTER YEARS OF GOVERNMENT FLANNEL
LETS RAISE A GLASS TO-:
THE WHITE AT THE END OF THE TUNNEL

And it was all white on the night. All 5 bottles of it!

Pamela Boulton

WALKING GROUPS

WALKING GROUP D (TUESDAY)

These walks are usually of 5 to 7 miles. We set out **promptly** at 10 am and all walks include a coffee stop (bring your own). New walkers are always made welcome. **Easy** walks have no or very short steep climbs and descents and are up to about 5 miles long. They may include long but gentle climbs and descents. **Moderate** walks may be up to 7 miles in length and may have a number of climbs and descents of which some may be steeper or longer. **Hard** walks may be 7 miles or a little more in length and will have a number of steep or long climbs or descents.

The named leader will decide if the weather is suitable for the walk: if you are in any doubt, ring them.

4th Jul: GR 257656, DE4 2EB Peak Tor Lane, Rowsley. Sue A and Ken; 5.5 miles Moderate

11th Jul: GR 265799, S11 7TZ Longshaw CP (free for NT members): Dorothy and Shirley 07757 089914 or 208120; 6.5 miles Moderate, rocky paths

18th Jul: GR 365796, S18 3AX free CP behind Coal Aston Community Centre. Mel; 6 miles Easy

25th Jul: GR 249784, S33 2JA park on station approach road (fee), meet at Grindleford station café: Dave M and Mick; 6 miles Moderate

1st Aug: GR 247744, S32 3XA Curbar Primary School. Liz and Peter 07527 995776 or 208857; 5 miles Easy/Moderate

8th Aug: GR 203825, S33 0BG park considerably in Shatton village. Sue G and Dave M; 5.5 miles Moderate- steep ascent at start

15th Aug: GR 012748, SK11 0AR Errwood reservoir CP. Joyce and David H 07926 547112; 7 miles Moderate, gradual ascents

22nd Aug: GR 339693, S42 7EQ Bulls Head, Holymoorside. Penny and Charles; 5 miles Moderate

29th Aug: GR 102593, SK17 0EZ Hulme End Visitor Centre. Andy; 6 miles Moderate

Joyce Hart 07926 547112, and Peter Smalley 07527 995776



WALKING GROUP B (Thursdays)

We start promptly at 10 am. Please arrive in good time to be suited and booted for 10. On walks of over 6.5 miles, a drink for a coffee stop and a packed lunch should be carried. These walks are shown with TL after the distance. On shorter walks there will be a stop for coffee (which you should carry) and a pub or café lunch may be arranged at the end.

Easy walks involve a total ascent of less than 500 feet (150 mtrs), Moderate walks have between 500 and 1000 feet (305 mtrs) and Harder walks have over 1000 feet. Grid references for starting points are shown.

If you are thinking of joining us for the first time, give me a call or drop me an email so that I can look out for you.

Any problems please give me a ring, numbers below.

6th July: GR 239603 top CP Winstar: Winstar, Birchover, Nine Ladies, Birchover, Winstar; Carole and Wilma: 6.5 miles TL, Moderate/harder 1037ft climb

13th July: GR 108847 Barber Booth CP: Chapel Gate, Rushup Edge, The Roych, South Head, Jacobs Ladder, Barber Booth; Ian A: 8 miles TL, Strenuous

20th July: GR 232815 start in Hathersage, toilets, various parking opportunities: Padley Gorge Owler Tor, Winyards Nick; Stuart: 6.6 TL Moderate/harder 1000ft

27th July: GR 336727 Linacre Woods lower CP: Linacre reservoirs, Wigley, Old Brampton; Andrew T: 5.2 miles Moderate

3rd Aug: GR 247744 Curbar School: Pilsley, Hassop, Rowland; Sarah: 8 miles TL Moderate 1033ft

10th Aug: GR SK441781 Trans Pennine Trail CP near Sitwell Arms, Renishaw S21 3WF: Renishaw, Spinkhill and Norbriggs branch of Chesterfield Canal; Cliff: 5.5 miles Easy

17th Aug: GR 227844 Dennis Knoll CP: High Neb on Stanage Edge, Cutthroat Bridge, Bamford Edge; John: 7.7 miles TL Harder 1260 ft

24th Aug: GR SK354702 Somersall CP: Holymoorside, Stanage golf course, Stonehay Farm, Nether Loads; Jan: 7.5 miles TL Moderate 700 ft

31st Aug: GR 219645 Alport by phone box: Lathkill Dale, Cales Dale, Moor Lane, Bradford Dale; Carole: 7.5 miles TL Moderate

Carole Grew 01246 568841, 07739 383772, carole.grew64@gmail.com





STROLLERS (Saturdays)

As usual, walks take place fortnightly and will be on the following Saturdays:

8th and 22nd July, 5th and 19th August, and 2nd September

We do our best to avoid stiles and steep slopes and walk for a maximum of 3 miles. We meet initially at 10.20 am in the lower car park of Holmebrook Valley Park. This is on Linacre Road, which is off Loundsley Green Road. We leave for our walking venue at 10.30. Alternatively, you can go straight to the venue for about 10.45 to 11 am. We are not currently organising pub/café lunches at the end; however, members may organise these themselves or bring a picnic. If weather conditions are very poor on the morning when we meet at Holmebrook, we sometimes go for a coffee at a local garden centre instead of attempting the walk. If a walk is to be cancelled in advance, we send out an email to members the evening before if possible.

We must stress that everyone who joins us will do so at their own risk. If there is a social distancing rule in place, it will be up to each of us to observe it. Having said all that, it is always lovely to see members and we hope we have many pleasant walks ahead of us this year.

Sue and Brian Taylor, 0753 2160324, sue_taylor@live.com

PUZZLES

I remember these from my childhood in Keighley; not sure if they were familiar in other areas. Can you work out what they say?

YYUR,YYUB,ICURYY4me

If the B mt put: If the B.

FAREDCE

SYMPHON

WORL

And a bit of humour to finish . . .

The fattest knight at King Arthur's round table was Sir Cumference who got to that size from too much pi.

Sleeping comes so naturally to me, I could do it with my eyes closed.

No matter how hard you push the envelope, it's still stationery.

The man who invented the door knocker got a no-bell prize.

What did the surgeon say to the patient who insisted on closing up his own incision? Suture self.

Our mountains aren't just funny, they're hill areas.

A bicycle can't stand alone: it is two-tyred.

My dog can do magic tricks. It's a labracadabrador.

My fear of moving stairs is escalating.

His theory on inertia never seemed to gain momentum.

The art competition ended in a draw.