



Chesterfield u3a
OPEN MEETING
on
Wednesday 6th September
from **2 pm – 4 pm**
in the **Market Hall**
VINCE EAGER
will be speaking to us –
this time on
Life after Eurovision
[More details on page 4]

Your Committee and Key Volunteers 2023–2024:

Honorary Officers:

Chair: Irene Wilkinson, 01246 234924

chair@chesterfieldu3a.org.uk

Vice Chair: VACANT

Secretary: Carole Grew, 01246 568841

secretary@chesterfieldu3a.org.uk

Treasurer: Richard Turley, 01246 591300

treasurer@chesterfieldu3a.org.uk

Other Committee Members,

some of whom have additional key volunteer roles:

Sue Atherton, 01246 229469, susanatherton56@gmail.com

Lynn Cussons, **(Assistant Treasurer)** 07887 884876,

assistanttreasurer@chesterfieldu3a.org.uk

Kathryn Lambert, **(Membership Secretary)**

684 Chatsworth Road, Chesterfield S40 3NU

membershipsecretary@chesterfieldu3a.org.uk

Valerie Myers, **(New-member Supporter)** 07928 327876,

newmembersupport@chesterfieldu3a.org.uk

Roger Watts, **(Beacon Administrator)** 01246 276161,

beacon.admin@chesterfieldu3a.org.uk

Other Key Volunteer Roles:

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facebookmoderator@chesterfieldu3a.org.uk

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meetingsorganiser@chesterfieldu3a.org.uk

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newslettereditor@chesterfieldu3a.org.uk

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refreshmentcoord@chesterfieldu3a.org.uk

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webmaster@chesterfieldu3a.org.uk

Website: u3asites.org.uk/chesterfield/home

Facebook: [facebook.com/search/top?q=chesterfield u3a](https://facebook.com/search/top?q=chesterfield+u3a)

u3a BUSINESS

COPY DATE FOR NEWSLETTER number 175 NOVEMBER

Please send all items for the Newsletter to Jeanne Clark by email or post to the address above, as soon as possible and by **8th October** at the latest. The editor will acknowledge receipt, edit, and abridge as necessary and her decision on inclusion, content and format is final.

OCTOBER 2023 e-BULLETIN

Coordinators with new information which they want to pass on to their members, or details of activities or events which are coming up, should send the details to Jeanne Clark by **23rd September**.

NOTES FROM THE CHAIR

In the 'Notes' I put in last year's September newsletter, I commented that I was writing in the second heatwave of the summer. Not this year! Hopefully things will have improved by the time you read this.

Volunteers have always been important to u3as – without them our own u3a would not function or even exist. The committee recently held a meeting with some of the key volunteers of Chesterfield u3a (see page 2 for the roles classed as 'Key Volunteer' roles) to find out about their support and information needs, and also their thoughts on various aspects of our u3a. We plan to hold more of these joint meetings in future.

The feature on volunteering vacancies later in this newsletter highlights the variety of possibilities available to members. Volunteers gain a lot from volunteering, including the awareness of carrying out activities vital to our organisation. For example, next year (2024) is the 30th anniversary of the start of Chesterfield u3a. We would like to organise some activities to celebrate this anniversary: a team of publicity and promotional volunteers would mean we could do this.

Irene Wilkinson, 01246 234924, chair@chesterfieldu3a.org.uk

NEW MEMBERS

A very warm welcome to our new members:

Trish and Walter Hibbert, Lynn Henson, Michael Cox, Diana Lyon, Angela Wilkinson, Lynn and Ron McGee, Mo Gachagan, Susan Dixon,

Maggie Popplewell, Angela Terry, Elizabeth Sumpter, Anne Beard, James Tranter, Julie Nixon, Anita Kershaw and Steve Harper.

Kathryn Lambert, membershipsecretary@chesterfieldu3a.org.uk

VACANCIES FOR VOLUNTEERS

Our u3a could not operate without members volunteering to take on the variety of tasks involved in running groups, administration, membership, events, publicity, etc. We rely on volunteers, and we greatly appreciate the contribution they make.

As well as helping the organisation, volunteering is known to improve the well-being of the volunteers themselves and to enable them to gain new skills and experiences. It's a way of meeting people and making friends.

We urgently need:

A Vice-chair/trustee: to share the role of leading the Committee, and deputising for the Chair in her absence; previous committee experience is desirable. The Committee meets bi-monthly at 1.30pm on a Friday afternoon.

Publicity and Promotions volunteers: to help with leaflets and displays, promotional events, press releases, etc. Previous experience of any of these activities would be really useful but not essential. We are not expecting one person to do all these things! It would be good to have a communications and PR team again, with volunteers sharing the different tasks.

Assistant Meetings Organiser: to act as a back-up in case the Meetings Organiser is absent.

The bi-monthly Open Meetings with guest speakers are important events enjoyed by members.

Travel Team: We are seeking to set up a travel team of volunteers to organise days trips from the beginning of 2024.

Refreshment Team: We are looking for people to greet new members at Open Meetings and Coffee Mornings and to help serve refreshments.

Contact: **Pat Jackson**, refreshmentcoord@chesterfieldu3a.org.uk

Unless otherwise stated above, contact Irene Wilkinson for more information chair@chesterfieldu3a.org.uk

NOTES FROM THE MEETINGS ORGANISER

At the next meeting on Wednesday 6th September, we will be welcoming back Vince Eager to continue on the journey of ***It's Never too old to Rock and Roll*** entitled ***Life after Eurovision!***

September is also national u3a month. This is an annual event to showcase the activity, learning and fun which takes place across the movement every day. It is a celebration of positive ageing, highlighting our members' lived experience.

We will be providing cupcakes at this meeting for all our members to enjoy. We would love to do more than this nod to u3a week, but currently do not have any publicity or promotion teams to help with this. We would love some help, so please let one of the committee know if you can offer any support. It would be greatly appreciated!

The Assembly Rooms on the 2nd floor, where our open meetings and coffee mornings are held, is accessible to all.

- There is a lift to all floors.
- There are male and female toilets.
- An accessible toilet is also available which requires a RADAR key, which you may have. If not, we can provide one for our members' use. It will be on the table at the entrance to the hall and meeting room.
- There is currently no "loop" system in the Hall, but we are working with the Council to provide a portable loop system.
- There will be a Meeter and Greeter waiting outside the Market Hall, so please ask if you need any help.
- All the committee and key volunteers present will have a name badge and u3a lanyard so that you can identify us.
- If you would like to bring a wheelchair or mobility scooter, please do get in touch so that we can make sure a space is prepared ready for you.

Thank you for your time reading this update. Please do get in touch if you have any questions about our meetings or if you would like to know more about any support you could offer our u3a. We would love to hear from you!

Samantha Roberts, meetingsorganiser@chesterfieldu3a.org.uk

SCAM EMAILS

Sadly, some members are still occasionally receiving emails purporting to be from me. They often give the impression that I need them to do me a favour (including purchasing gift tokens), and the email address of the sender is never the 'chair@chesterfield...' one or my personal address. If you are suspicious of any email, **do not respond in any way**, report it as scam, and delete it. If you are unsure how to report a possible scam, lots of pages telling you how can be found by an internet search on "report an email scam".

Irene Wilkinson, Chair, Chesterfield u3a

COMPLAINTS PROCEDURE

Chesterfield u3a has over 800 members who organise and participate in a wide range of activities and events throughout the year. We hope that members (and non-members where relevant) enjoy these and have no cause for complaint. However, it may be that, on some occasion, an issue or problem becomes apparent, or an incident occurs which is upsetting or offensive, and the matter needs to be addressed.

We now have a Complaints Procedure, approved by the Committee in July, which members and other people can use to deal with issues in our u3a which give them cause for concern. It includes options and guidance for handling matters informally, plus a formal Complaints Procedure. Our aim is that matters of concern are resolved quickly and in the most appropriate way.

The Procedure can be seen via a link on the [Boring Bits](#) page of the website, or a paper copy can be obtained from the Secretary.

Irene Wilkinson, Chair, Chesterfield u3a

u3a on TV

On Friday 11th August at 8 pm, I watched Susan Calman on channel 5. In this series, she is visiting Britain's seaside towns, beaches and activities. In the programme, she was visiting Margate and Broadstairs in Kent - an area I lived in for 25 years. She was interviewing different sets of people, and there were three very cheerful ladies on a u3a day trip. Perhaps their u3a was situated in Canterbury which is in quite close proximity. It was very interesting to see u3a being promoted in this way!

Lynn Cusson, Assistant Treasurer

DERBYSHIRE u3as: WALK AND TALK EVENTS

Derbyshire u3as are running a series of walks and talks to which you are invited. If you are interested, please book your place with the named contact person.

WIRKSWORTH u3a

Discover the curious, quirky and sometimes contentious history of Wirksworth in a walk which explores some hidden corners and puzzling paths. (Please be aware that Wirksworth is hilly and those with mobility problems may find parts of the route challenging.)

*Car parks: Pay & Display Barmote Court or Old Market Place; Free parking: Old Lane or Harrison Street

Date	Saturday 23 rd September
Time	10.30 am
Place	Heritage Centre, St John's Street
Max. number	15
Cost	None
Contact	Sheila Harding
Email	harding.sheila@u3a.co.uk

MATLOCK u3a

A stroll of approximately 2.5 mile around Matlock Bath, looking at the history of the area with reference to buildings no longer there. The route is mostly flat, with a short steep uphill walk, and a gentler downhill walk.

* Pay and display car park. Numerous cafés and restaurants.

Date	Monday 25 th September
Time	10 – 12
Place	Matlock Bath Station CP
Max. number	None
Cost	None
Contact	Susan Tomlinson
Email	susan@dxmedia.co.uk

UP AND COMING EVENTS

There will be a **Coffee Morning** on **Wednesday 4th October**
from **10.15 am – 11.45 am**



in Rooms 1 and 2 at the Market Hall.
Refreshments will be available whilst you meet new members
or chat with friends.

ADVANCE NOTICE:
Meeting for new members
on
Thursday 14th September,
2 – 4pm at the St Thomas Centre,
Chatsworth Road

This is a chance for new members
to learn more
about Chesterfield u3a,
meet other new members,
and give feedback of their experiences
of the u3a so far.

GROUP AND ACTIVITY NEWS AND PROGRAMMES

BOWLS GROUP

Outdoor bowls has continued throughout the summer. Despite the erratic weather, our select group has enjoyed some very pleasant afternoons bowling. Indoor bowls restarts on 6th October at 2:15 pm at the Queens Park Sports Centre, in the main hall.

New members will be welcome.

I am standing down as co-ordinator and wish to express my gratitude to Mike Nind who is taking over.

Alan D Wood

CANASTA GROUP

Ian Hardy has taken over as co-ordinator of the canasta group. He has taken over from Flora Smith who has retired after ten years.

The group meets every alternate Tuesday at Loundsley Green Community Centre, the next meeting being on 29th August. We will now start at 10 am and not 10.30 am. We have space for two more members if anyone wants to contact me.

Ian Hardy, 07811 642464, kismet45@hotmail.co.uk

COUNTRY DANCING

Country Dance dates information:

Please note that our September meeting has been changed to the 3rd Thursday so will be on 21st September. All subsequent meetings will be on the 4th Thursday of the month (except December) at 7 pm at the Ragged School Church Hall, Markham Road.

All welcome.

Joy Houghton

GEOLOGY GROUP

Continuing with our awesome programme:

September 12th: Earth Structure – Journey to the Centre + Frank

October 10th: Earth Heat – Conduction and Convection + Susan

November 14th: The Basics of Plate Tectonics + Janet

December 12th: Guest Lecturer + Christmas Dinner

All meetings take place at Eyre Chapel, Newbold.

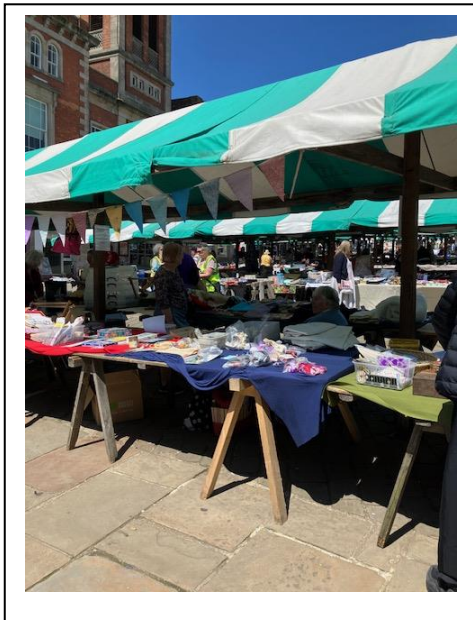
New members welcome.

Pamela Boulton, 01246 237622, pamelaboulton@hotmail.com

HANDICRAFT GROUP

Firstly, welcome to our newest members, Julie and Lynn. We have had a busy year so far with a different activity each month, as well as working on our own individual projects.

The group was given the materials to make Japanese Temari balls, and a book about them, by June. She had been passionate about making them but is no longer able to and kindly contacted me to pass them on. One of our members, Joy, took up the challenge and learnt to make these decorative hanging balls. This is a very tricky technique which Joy demonstrated to the group, and several members created their own decoration.



Earlier in the year we had a guest speaker, Janet Stain, who was very entertaining on the topic of Ration Book Fashion.

Other meetings have focussed on paper cutting, beaded jewellery, hand-made books, free machine embroidery, and using a Cricut machine.

Members also had a stall at the Chesterfield Crafters' Bazaar in May. It was a beautiful sunny day and a great way to recycle unwanted materials. Lots of bargains to be had.

Our next meeting topic is hammered flowers - printing images from flowers and leaves. We are always learning something!

Sue Hart

LOCAL HISTORY GROUP

The talks are from 2.00 pm, doors open at 1.45 pm at Chesterfield Library Lecture Theatre. No booking is required for the winter talks as these are open to all u3a members, £3.00 on the door.

Tuesday 3rd October

Derbyshire Songs and Stories by Pete Castle

Some traditional songs and stories are known throughout the country; others are confined to a smaller area – a region or county, perhaps even just a town. Sadly, many of them are not as well-known as they should be, even within those areas. In this session we'll explore a few folk songs, legends and fairy tales which are native to Derbyshire and consider what they can tell us about the county and its history. If you'd like to delve a bit deeper, Pete will bring some books and CDs for you to buy.

Pete Castle has been a professional folk singer and storyteller for well over 40 years, and has worked all over Britain, and occasionally abroad, with just about any kind of audience imaginable and in all kinds of unimaginable places!

Tuesday 7th November

John Robinson and Home Brewery by Bob Massey

The story of Sir John Robinson and the Home Brewery Daybrook. From a simple farm to a large company owning pubs, hotels and maltings as well as a major brewery, and the troubles and success along the way.

Bob Massey is a retired Theatre Consultant and Lighting Designer who has designed many theatres and performance spaces throughout the world. For 30 years he was Technical Manager of the Bonington Theatre in Arnold, Nottingham. He is a historian, lecturer and founder member of Arnold Local History Group and a member of cinema, theatre and aircraft research groups, and an experienced speaker and lecturer for over 30 years.

Sandra Frost

MUSIC UNLIMITED

Do you like listening to music? If so, why not join us in the Music Unlimited Group!

We meet once a month, on 4th Thursday, at the St. Thomas' Centre on Chatsworth Road. Generally, one of the group presents his/her choice of

music, after which we break for tea/coffee. After this, the other members take it in turn to offer their own individual choice of track. As the name suggests, there is no limit to the genre: choices vary from jazz to rock and roll, country to popular songs, etc. It is amazing what a wide range of music we hear and there are often surprises along the way; a great way of widening our individual music knowledge and tastes! On occasions we have live performances from within the group (there's a lot of talent in there!) or, potentially, from outside our membership.

Until recently membership has been limited owing to the size of the room we use. However, as from September, we are moving to a bigger room at the Centre so we are opening our doors, arms and hearts to new members.

The next meeting is on 28th September from 2.00 - 4.00 pm. So come on, give us a try. We are a lovely crowd of folk and you will be made very welcome!

Carole Garmory, carolegarmory@hotmail.co.uk

MUSICAL INSTRUMENTAL GROUP

If you are interested in this group, please send Elaine a message via the website.

Groups: Musical Instrumental Group: and click on the 'pigeon' in the top right-hand corner.



Click to send a message!

Elaine Schofield

TRAVEL GROUP

The final coach trip planned for 2023 is to Manchester on Thursday 5th October. For a full description of the trip, click on the website, then Groups, then scroll down to Travel Group, then down to Manchester. At the time of writing, we do not have enough people booked to make the trip viable and it would be a pity if I have to cancel what will be my final trip as member/coordinator of the Travel Group. So, if you fancy a day trip to one of Britain's most vibrant cities, get in touch, or download a booking slip from the website and send it off with a cheque as soon as you can. You won't regret it!

Frank Wharram, 07742 454045 or 01246 942007

UKULELE GROUP

The group continues to flourish, and we now have sixteen members. We'll be giving our first concert in September.

It was recently decided to change the venue of the meetings from the Eyre Chapel to Walton Parish Hall and we will meet there on the 2nd and 4th Fridays of the month.

Vera Worthington

UPWORDS

The group meets every other Wednesday at 1.45 pm at Loundsley Green Community Centre. The next meetings will be on 13th and 27th September, and 11th and 25th October.

We play by the slightly informal "Chesterfield" rules, aiming to learn new words as we play.

Tony Clark, <mailto:tony.clark1@btinternet.com>

WALKING GROUPS

WALKING GROUP D (TUESDAY)

These walks are usually of 5 to 7 miles. We set out **promptly** at 10 am and all walks include a coffee stop and lunch stop (bring your own). New walkers are always made welcome. **Easy** walks have no or very short steep climbs and descents and are up to about 5 miles long. They may include long but gentle climbs and descents. **Moderate** walks will be up to 7 miles in length and may have climbs and descents, some may be steeper or longer. **Hard** walks will be up to 7 miles in length and will have steep or long climbs or descents.

The named leader will decide if the weather is suitable for the walk: if you are in any doubt, ring them.

5th Sept: GR 257659, DE4 2EL Rowsley CP Old Station Road for Hell Bank Plantation, Rabbit Warren and Beeley: Nicky and Ken 07539 507245 or 07884 275099; 6.5 miles Moderate

12th Sept: GR 265799, S11 7TZ Longshaw CP (free for NT members): for Burbage Edge, Burbage Bridge, Surprise View: Dorothy and Shirley 07757 089914 or 208120; 6.5 miles Moderate, rocky paths

19th Sept: GR 129604 SK17 OAL: Hartington Village Centre for Biggin, Wolfscote and Beresford Dales: Dave M and Sue G 07999 306996; 6 miles Moderate

26th Sept: GR 365776 S18 4AF, layby on B6057 between Unstone and Dronfield for Drone Valley: Mel 07875 156869; 6 miles easy

3rd Oct: GR 274551 DE4 4LS Middleton Top CP (fee) for Hopton Quarry and High Peak Trail: Joyce and David 567667, 0792 6547112; 6 miles Easy

10th Oct: GR 186715, DE45 1NL Road leading to Little Longstone from Monsal Head for Great Longstone and Longstone Moor: Liz and Peter 07527 995776 5 miles Easy, one steady ascent

17th Oct: GR 244524 DE4 4PS Sheepwash CP Carsington for Owslow Farm, Brackendale Brook, and Brassington: Andy 277292; 6 miles Easy

24th Oct: GR 258685 DE4 2NX Calton Lees CP (fee) for Calton Cottages, Edensor, and return along riverside: Helena 07813 2158885 5 miles Easy

31st Oct: GR 194696 DE45 1QB Ashford in the Water CP (or on street near church) for Monsal Head, Monsal Dale, Lees Bottom: Penny and Charles 566519 5.5 miles Moderate

For any enquiries please contact:

Joyce Hart 0792 6547112 and Peter Smalley 07527 995776

WALKING GROUP B (Thursdays)

We start promptly at 10 am. Please arrive in good time to be suited and booted for 10. On walks of over 6.5 miles, a drink for a coffee stop and a packed lunch should be carried. These walks are shown with TL after the distance. On shorter walks there will be a stop for coffee (which you should carry) and a pub or café lunch may be arranged at the end.

Easy walks involve a total ascent of less than 500 feet (150 mtrs), Moderate walks have between 500 and 1000 feet (305 mtrs) and Harder walks have over 1000 feet. Remember, if using Grid Reference finder, you need to put SK before the number.

If you are thinking of joining us for the first time, give me a call or drop me an email so that I can look out for you.

Any problems please give me a ring, numbers below.

7th Sept: GR 190768 Foolow village: Wardlow, Black Harry Lane, Cavendish Mill; Joy: 6 miles, Moderate

14th Sept: GR 201852 Heatherdene CP, free parking on the road: TBC; Steve: 6 miles 1031ft, Moderate

21st Sept: GR 108847 Barber Booth CP; Chapel Gate, Rushup Edge, The Roych, South Head, Jacob's Ladder, Barber Booth; Ian A: 8 miles TL Strenuous

28th Sept: GR 227844 Park Dennis Knoll CP; Route via High Neb on Stanage Edge, Cutthroat Bridge, Bamford Edge; John: 7.7 miles TL Harder

5th Oct: GR 267800 Longshaw CP (NT): Padley Gorge, Nether Padley, Grouse Inn; Andrew 5 miles Easy

12th Oct: GR 150665 street parking, Church Street, Monyash Lat 53.195735, Long -1.775662: Monyash, Long Rake, Arbor Low, Cales Dale, Lathkill Dale; Mike 7.2 miles TL Moderate

19th Oct: GR SK262747 Curbar Gap CP: Wellington Monument, Gardoms edge, Ramsley reservoir; Stuart 7.5 miles 1000ft TL Moderate

26th Oct: GR 256776 Haywood CP (NT) Lat 53.295593 Long -1.616897: Froggatt and Curbar and White Edges; Carole 5.5 miles Moderate

Carole Grew 01246 568841, 07739383772, carole.grew64@gmail.com



STROLLERS (Saturdays)

As usual, walks take place fortnightly and will be on the following Saturdays:

2nd, 16th and 30th September, 14th and 28th October, and 11th November

We do our best to avoid stiles and steep slopes and walk for a maximum of 3 miles. We meet initially at 10.20 am in the lower car park of Holmebrook Valley Park. This is on Linacre Road, which is off Loundsley Green Road. We leave for our walking venue at 10.30. Alternatively, you can go straight to the venue for about 10.45 to 11 am. We are not currently organising pub/café lunches at the end; however, members may organise these themselves or bring a picnic. If weather conditions are very poor on the morning when we meet at Holmebrook, we sometimes go for a coffee at a local garden centre instead of attempting the walk. If a walk is to be cancelled in advance, we send out an email to members the evening before if possible.

We must stress that everyone who joins us will do so at their own risk. If there is a social distancing rule in place, it will be up to each of us to observe it. Having said all that, it is always lovely to see members and we hope we have many pleasant walks ahead of us this year.

Sue and Brian Taylor, 07532 160 324, sue_taylor@live.com

PUZZLES and SOLUTIONS

YYUR,YYUB,ICURYY4me

Too wise you are, too wise you be, I see you are too wise for me.

If the B mt put: If the B.

If the grate be empty put coal on; if the grate be full stop

FAREDCE

Red in the face

SYMPHON

Unfinished symphony

WORL

World without end

WORD PUZZLES

Can you work out what these phrases are?

VA DERS

JOBINJOB

GESG

METAMETAMETAMETA

M1YL1I1F1E

1357SAFETY2579

DEEF

ICE³

SPIBRED

STA4NCE

DR.do (a film)

IDEJEHT (a film)

Answer each clue so that every word contains the same letters as the previous word plus or minus one letter.

1. Beer

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2. Repast

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3. Stroll

--	--	--	--	--

4. Accuses

--	--	--	--	--	--

5. Rafters

--	--	--	--	--

6. Foundation

--	--	--	--

7. Ocean

--	--	--