

Newsletter 185
July 2025

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Website: <https://chesterfield.u3asite.uk>



The **Open Meeting** will take place on
Wednesday 2nd July from 2pm – 4pm
at **Chesterfield Football Club**
(SMH Group Stadium)

1866 Sheffield Road, Chesterfield S41 8NZ.
Julie Smith from SILVERTIME LEGAL will give a
talk covering estate planning, keeping it light
– with a few laughs along the way! Topics
included are: Wills and Trusts, Lasting Powers
of Attorney, Managing Care Fees, and
Sideways Disinheritance.

Everyone Welcome!

Your Committee and Key Volunteers 2025–2026:

Chair: Alan Cornwell, 07500 406539, chair@chesterfieldu3a.org.uk

Vice Chair: VACANT

Treasurer: Irene Trevis, 07434 042215,
treasurer@chesterfieldu3a.org.uk

Business Secretary: Irene Wilkinson, 01246 234924
secretary@chesterfieldu3a.org.uk

Minutes Secretary: Ian Hardy, 07811 642464,
minutessecretary@chesterfieldu3a.org.uk

Other Committee Members:

Volunteer coordinator: Sue Atherton, 01246 229469,
volunteercoord@chesterfieldu3a.org.uk

Nicola Hoskin–Stone, 01246 275807, nicolahoskinstone@gmail.com

Sue Davies, 07967 035784, suekercher@hotmail.co.uk

Judy Stone, 07968 133564, judy.stone1@btinternet.com

New–member Supporter: Valerie Myers, 07928 327876,
newmembersupport@chesterfieldu3a.org.uk

Assistant Treasurer: Richard Turley, 07811 305886,
assistanttreasurer@chesterfieldu3a.org.uk

Joint Groups facilitator: Jane Machin,
groupfacilitator@chesterfieldu3a.org.uk

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Assistant Membership Secretary: Richard Turley, 07811 305886

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u3a BUSINESS

COPY DATE FOR NEWSLETTER 186 SEPTEMBER

Please send all items for the Newsletter to Jeanne Clark by email or post to the address above, as soon as possible and by **8th August** at the latest. The editor will acknowledge receipt, edit, and abridge as necessary and her decision on inclusion, content and format is final.

AUGUST e-BULLETIN

Coordinators with new information which they want to pass on to their members, or details of activities or events which are coming up, should send the details to Jeanne Clark by **23rd July**.

NEW MEMBERS

A very warm welcome to our new members: Deborah Mitchell, Geoff Hicks, Joan Wilkinson, Susan Richardson, Janet Armstrong, Rhona Walker, Frank Gorman, Catherine Clinton, Vivien Sumner, Brian Iannetta, Stephen Wood, Kimie Atkins, Linda Jewkes, Sandra Jacklin, Damian Murphy, David Cooper, Milan Kanuritch, Lorraine Marshall, Leigh Rhodes, Michael Clarke, Joan Craven, Julie Bentley and Alan Mullen.

Kathryn Lambert, Membership Secretary,
membershipsecretary@chesterfieldu3a.org.uk

VIEW FROM THE CHAIR

Hello everyone and welcome to my second "View from the Chair".

Time seems to fly by quickly and the committee has been working hard behind the scenes to keep everything running smoothly. More details will follow in future newsletters.

We might like to think that our committee is the hub of everything Chesterfield u3a does but, in reality, the real beating heart of the organisation are the various interest groups and the coordinators who put everything together.

There are so many interesting ideas that they organise ranging from visits by the Gardening Group to Doddington Hall, visits to Rolls Royce and a talk on Aviation Safety by an ex-Royal Navy pilot run by the Science Group, to the relocation of the Board Games Group to the Board & Bean café opposite the Bus Station where there is a huge selection of games available.

That is only a small selection of the 77 interest groups to choose from. There are six sports group on offer. Do they take part in competitions? Are they successful this year? Please let us know.

There are four supper/luncheon clubs. Where have they been and found food to their liking? What about the wine appreciation and beer appreciation groups? Where have they been? (if they can remember!)

There is so much for our members to enjoy. Sadly, as we get older, some of us find it increasingly difficult to attend these groups in person. But, they are still active in mind and want to continue enjoying life. If you find yourself in this position, then try the **National u3a Newsletter**.

Here you can choose from 129 interest groups which you can enjoy from the safety of your own home.

Third Age Trust

The Third Age Trust (TAT) is the governing body for u3as throughout the UK. There are literally hundreds of u3as under its umbrella. Until recently, this has been a “top down” organisation with little chance for individual u3as to feed information upwards. This is now changing, and a separate Third Age Trust Council is now functioning to allow feedback from us at local level back up to national level. Earlier this month, four members of Chesterfield u3a attended a meeting of the Derbyshire u3a Network in Darley Dale to meet one of our two Regional Representatives, Barry Appleby, and discuss how we can help each other. One idea to spring out of this meeting was the possibility of each Derbyshire u3a submitting a quiz team to compete against the others with a final being held in u3a week (20th – 28th September).

More details to follow in due course.

Alan Cornwell, chair@chesterfieldu3a.org.uk

OTHER MATTERS

u3a NATIONAL EVENTS ON OUR WEBSITE

There is now a page on the website that gives a link to the National online zoom events.

<https://chesterfield.u3asite.uk/forthcoming-national-u3a-events/>

EQUALITY, DIVERSITY AND INCLUSION POLICY

Chesterfield u3a now has an Equality, Diversity and Inclusion Policy, approved by the Committee in March this year. We want our u3a to be as welcoming and inclusive as possible;

approving the policy is the first stage in taking this aim forward and we hope that all our members will play their part. The full policy is now on the *Organisation* page of the website and is given in the e-version of this newsletter. Paper copies can be obtained on request to the Business Secretary. Short extracts are given below for members who receive the paper version of the newsletter:

“This policy has been drawn up to comply with the Equality Act 2010. The Act stipulates that organisations cannot treat someone unfairly on the basis of what it calls ‘protected characteristics’, which are:

- ethnic origin, nationality (or statelessness) or race
- age
- disability
- religion or belief (including the absence of belief)
- marital or civil partnership status
- sexual orientation
- pregnancy
- gender reassignment
- sex

Chesterfield u3a will strive to ensure that members do not experience discrimination on the basis of their protected characteristics. This will include encouraging equal access to groups and ensuring appropriate behaviour between members and by Chesterfield u3a committee members and group co-ordinators. The Equality Act highlights that organisations need to consider what ‘**reasonable adjustments**’ can be made in order to accommodate those who may have particular needs. Chesterfield u3a Committee will review the reasonable adjustments needed for all members and individual members with particular needs, on an ongoing basis.”

"Promoting diversity is about recognising that everyone is different and creating an environment that values members and ensuring that the u3a Movement is as accessible as possible to different groups within the community."

Irene Wilkinson, Business Secretary

EVENTS

There will be a **Coffee Morning** on
Wednesday 6th August
from **10.15am – 11.45am**



in **Spire Parish Rooms on Church Way.**
There is a sign saying **The Saints Parish Centre.** It is in St Mary's Gate, and the entrance is down the left-hand side.
Everyone welcome!

SPRING WALKING HOLIDAY TO KESWICK

at HF Holidays, Derwent Bank, Keswick;

Friday 27th March – Friday 3rd April 2026

- The holiday is full board including packed lunches
- There will be an option of three walks each day and a rest day on the Tuesday
- There will be a variety of evening activities

About Derwent Bank

Set right on the banks of Derwentwater, it was built in 1785 for Joseph Pockington Stenhouse, High Sheriff of Newark. It has been part of HF Holidays since 1937. There are beautiful views from its garden room, orangery and terrace. A short walk takes you to Keswick. There is a large lounge, licensed bar, boot and drying room and discovery point.



Address: Derwent Bank, Portiscale, Nr Keswick, Cumbria CA12 5TY
what3words:///equity.fool.issued

- The cost will be no more than £690 per person with no single person supplement. Exact cost will be notified by email by November 2025 when total numbers are finalised, and the balance is due by 30th January 2026.
 - A deposit of £100 per person is required.
 - Deposits should ideally be paid directly into the Chesterfield u3a bank account: Acc No 00512018 and sort code 30.91.93. Please reference the payment to your membership number Keswick: e.g. 1234 Keswick.
- Or by cheque, payable to Chesterfield u3a, with your membership number on the reverse, sent directly to Irene Trevis, 34 Somerset Drive, Brimington, Chesterfield S43 1DH.

- Questions and registration form Valerie Myers email: vmyers1949@gmail.com or telephone 07854 509129
- There are 7 double/twin rooms available as of 22nd May



U3A DARMSTADT TWINNING SOCIETY EVENTS

Quiz Night: Monday 11th August at 6pm

CANCELLED due to the closure of the venue

Day Trip: Tuesday 2nd September

This will be a day trip with the Darmstadt visitors to York, leaving at 9am from Chesterfield Town Hall, returning at 5pm. The cost will be £25 per person. For tickets, please send cash in advance in an envelope marked with name, telephone number and email address to:

Hazel Linsey, Somersall Hall, Somersall Hall Drive, Chesterfield S40 3LH. Tel 07580 763117 (Hazel) or 07521 384587 (Jane).



Day Trip: Thursday 4th September

This will be a day trip to Scarborough, leaving Chesterfield Town Hall at 9am, returning at 5pm. The cost will be £25 per person.

Payment and contact details as above.

We hope you will join us.

Jane Nutting, 07521 384587

WHAT THE GROUPS ARE UP TO

COUNTRY DANCING

Country dancing is on Thursday 24th July, 7 to 9 pm at The Ragged School Church Hall on Markham Road. Come and give it a go, for some light exercise and a lot of fun.

Joy Houghton, joyhoughton@msn.com

GARDEN APPRECIATION GROUPS

Groups 1 and 2 are joining together to visit **Doddington Hall and Gardens** in Lincolnshire on **Wednesday 23rd July** and have a few spare seats on the coach.

We are inviting Chesterfield u3a members to book one of these seats to help fill the coach and make the outing viable.

It should be a lovely day out; we look forward to welcoming anyone wishing to join us.

Bookings will be accepted on a first come, first served basis.

There is a form about the venue together with a booking form on the website.

June Partington, 01246 232169 or 07580 543449

HANDICRAFT GROUP

The group continues to have an interesting range of activities led by our members. We are always happy to try new techniques, such as:

- Silk Painting
- Crespo Embroidery (from Peru)
- Crochet for beginners
- Using rubber stamps for cards
- Stencilling a coaster
- Kusudama (paper flowers)

We are an active group of over 24 members. We hope to have a stall on the Chesterfield Crafters' Bazaar market on Sunday 24th August. A great opportunity to declutter (and buy more, whoops!)

Susan Hart

SCIENCE GROUP

The original programme has been changed around a little.

Thursday 3rd July: *Show and Tell:* bring an object of scientific interest, whether you want to tell us about it, or are just wondering what it is! No large live dinosaurs, please.

Thursday 7th August: Susan Atherton on *Algae*

Thursday 4th September: Tony Wride, ex-Royal Navy and airline pilot, on *Aviation Safety*

Thursday 2nd October: Still a few places available for the outing to the Rolls-Royce Heritage Centre in Derby for 11am.

<https://www.rolls-royce.com/about/heritage-trust/visit/derby-and-hucknall-branch.aspx> has more information. A Rolls-Royce

Heritage Trust guide will show us the exhibition, from Rolls-Royce's arrival in Derby to the latest technology developments. Attendance is limited to 15, but another visit can be scheduled for early 2026 if there is a demand. Please tell me by email if you wish to attend. It should be possible to buy refreshments at the on-site café after the visit.

Thursday 6th November: Isaac Newton was a great scientist, but he was an unlikeable man of resentments and grudges. Alan Crow will talk about Newton and lead a discussion of his achievements and contribution to science.

Thursday 4th December: Paul Munkenbeck will reveal *Secrets of Snowflakes*: (Mince pie session.)

Thanks to everybody for the terrific support in planning sessions. We still need presenters willing to give a session in or after February. If you are interested, please contact me.

David Hart, hartdavid056@gmail.com

UPWORDS

The next meetings are 25th June, 9th and 23rd July, 6th and 20th August.

Tony Clark, tony.clark1@btinternet.com

WALKING GROUPS

WALKING GROUP D (TUESDAY)

These walks are usually of 5 to 7 miles. We set out **promptly** at 10am and all walks include a coffee stop and a lunch stop (bring your own). New walkers are always made welcome. **Easy** walks have no or very short steep climbs and descents and are up to about 5 miles long. They may include long but gentle climbs and descents. **Moderate** walks will be up to 7 miles in length and may have a number of climbs and descents, some of which may be steeper or longer. **Hard**

walks will be 7 miles or a little longer and will have a number of steep or long climbs or descents.

The named leader will decide if the weather is suitable for the walk; if you are in any doubt, please ring them.

1st July: GR 350632 S45 OBA Ashover Village Hall for Fallgate, Overton Hall: Sue H. 07853 321475, 5 miles Easy/Moderate

8th July: GR 171835 S33 6SB, Hope CP (fee) for Lose Hill, Back Tor, Hollings Cross: Richard 07775 420306, 6 miles Moderate (steady gradient at start)

15th July: GR 492802 S26 7YQ, Harthill Leisure Centre, Woodall Lane (free CP) for Cuckoo Way, Norwood Tunnel, Killamarsh: Mel 07875 156869, 6½ miles Moderate

22nd July: GR 267801 S11 7TZ, Longshaw Woodcroft CP (free for NT members) for Burbage Brook, Higger Tor, Carl Wark: Harry 07436 014418, 5½ miles Moderate

29th July: GR 299570 DE4 3RQ, Cromford Rugby Club (fee) for Black Rocks, Incline and canal side: Joyce and David 07926 547112, 5 miles Easy with gradual ascent until coffee

5th Aug: GR 131556 DE6 2FX, Alstonefield CP (free, with toilets) for Hopedale, Stanhope and Milldale: Mick and Dorothy 208102, 07415 025326, 6½ miles Moderate

12th Aug: GR 171835 S33 6SB Hope CP (fee) for Brough, Shatton, Thornhill: Sue G and Dave M 07999 306996, 6½ miles Moderate, a few high stiles

19th Aug: GR 267801 S11 7TZ, Longshaw Woodcroft CP (free for NT members) for Millstone Edge, Hathersage Moor: Peter and Liz 07527 995776, 5 miles Moderate

26th Aug: GR 171705 SK17 9UH, White Lodge CP (fee) for Taddington and Monsal Dale. Joyce and David 07926 547112, 7 miles moderate.

Any enquiries please contact the coordinators:

Joyce Hart 07926 547112 and Peter Smalley 07527 995776

WALKING GROUP B (Thursdays)

We start promptly at 10am. Please arrive in good time to be suited and booted for 10am. On walks of over 6.5 miles, a drink for a coffee stop and a packed lunch should be carried. These walks are shown with TL after the distance. On shorter walks there will be a stop for coffee (which you should carry) and a pub or café lunch may be arranged at the end.

Easy walks involve a total ascent of less than 500 feet (150m), Moderate walks have between 500 and 1000 feet (305m) and Harder walks have over 1000 feet. Grid Reference for starting points are shown. Remember if using the grid reference finder you need to put SK before the number. Any problems, give me a call or text.

Walks can be changed/cancelled for a number of reasons. Emails will be sent to all members of the group to advise. Therefore, if you are thinking of joining us for the first time, give me a call or drop me an email so that I can look out for you.

3rd July: GR194697 Ashford in the Water; meet by the bridge: Churchdale Hall, Monsal Trail, Pennyunk Lane; Geoff and Mary: 5 miles Easy

10th July: Somersall Park CP: Walk to Linacre and round lakes; Ron: 6.5 miles Moderate

17th July:

24th July: GR374685 Langer Lane bus turning circle; Spring Wood and Stubbing Court Pond; Joy: 5.5 miles Easy

31st July: GR351632 Ashover Hall CP; Fallgate, Ogston, and Ravensnest; Andrew: 8 miles TL Moderate.

7th Aug: GR304515 Alport Heights CP: Pale Fence Farm, Typeclose plantation and Knob Lane; Adrian 5.6 miles Easy

14th Aug: Hardwick Hall, main CP: Ponds and Ault Hucknall; Carol: 6 miles Easy

21st Aug: SK428643, Timber Lane CP; 5 Pits Trail, Heath, Holmewood: Bob: 6 miles Easy

28th Aug: GR172607 Friden CP (pay); Upperhouse, Heathcote, Lean Low: Carole: 7 miles Moderate TL

Carole Grew, 07739 383772, carole.grew64@gmail.com

STROLLERS (Saturdays)

Our walks take place fortnightly and will be on the following Saturdays:

5th and 19th July, 2nd, 16th and 30th August, and 13th September.

We do our best to avoid stiles and steep slopes and walk for a maximum of 3 miles.

Emails detailing venues and how to get there are sent out to members regularly. You must be booted and ready to leave for the walk at 10.45am. Members often organise pub/café lunches at the end on an informal basis which you may join if you choose. If a walk is to be cancelled in advance, we send out an email to members the evening before if possible, suggesting an alternative coffee meeting place. If weather conditions are very poor on the morning of the walk it would be advisable to contact the coordinators or walk leaders to ask if the walk is going ahead before you set out. Again, a coffee alternative may be suggested. **Anyone wishing to join the group should contact the coordinators beforehand for details of the next walk.**

Sue and Brian Taylor, 07532 160324, sue_taylor@live.com

Worrying is like a rocking chair, it gives you something to do, but it gets you nowhere. **Glenn Turner**

Volunteer Opportunity at Spitewinter Scout Campsite

Your Skills Could Make a Big Difference!

Dear Chesterfield u3a Members,

I'm reaching out to share a rewarding opportunity at Spitewinter Scout Campsite, just outside Chesterfield, run entirely by volunteers through Chesterfield District Scouts.

We're currently looking for people who are happy to share their time, practical skills, or life experience, whether it's for a couple of hours now and then, or something more regular. Spitewinter is a peaceful four-acre woodland site that hosts Scout and youth events all year round — and, with your help, we can keep it safe, functional, and flourishing.

Ways you could help:

- General maintenance: painting, gardening, bramble clearing, light DIY
- Groundskeeping: grass cutting, strimming, helping maintain pathways and green areas
- Lawn equipment: basic lawn mower or strimmer servicing and maintenance
- Skilled tasks: carpentry, plumbing, or hut refurbishment projects
- Fundraising support: helping with small grant applications or local funding opportunities

Why get involved?

This is a fantastic chance to spend time outdoors, put your skills to good use, and help the next generation enjoy safe and meaningful adventures in nature. There's no direct work with young people involved, so no DBS or formal training is needed. Just bring your enthusiasm and we'll match you to something useful and appreciated.

There's no regular commitment required — whether it's once a month or once a year, it all helps.

If you're interested or would like to know more, please get in touch with me or the site team:

info@spitewinter.co.uk

07498 281797

www.spitewinter.co.uk

We'd also be happy to offer a walk around the site and a cup of tea if you'd like to see what we're about.

Rebecca Hudson

LINK WORDS (answers)

- | | | |
|------------|--------------|------|
| 1. STUDIO | IRON (4) | FLAT |
| 2. HORROR | FESTIVAL (4) | FILM |
| 3. DOUBLE | GUITAR (4) | BASS |
| 4. SMALL | TURKEY (4) | TALK |
| 5. TICKLED | GIN (4) | PINK |
| 6. BLIND | CHECKS (4) | SPOT |
| 7. FUNNY | CHINA (4) | BONE |
| 8. ROUND | OVER (4) | COME |
| 9. BUMPED | ORBIT (4) | INTO |
| 10. PENCIL | STUDY (4) | CASE |

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