

Newsletter 186
September 2025

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The **Open Meeting** will take place on **Wednesday**
3rd September from 2pm – 4pm
at **Chesterfield Football Club**

(SMH Group Stadium)

1866 Sheffield Road, Chesterfield S41 8NZ.

The speaker will be Paul Newsham,
a semi-retired head of forensics. His talk is entitled
THERE WILL NEVER BE ANOTHER YOU and is about
biometrics and DNA.



Everyone welcome!

Your Committee and Key Volunteers 2025-2026:

Chair: Alan Cornwell, 07500 406539, chair@chesterfieldu3a.org.uk

Vice Chair: VACANT

Treasurer: Irene Trevis, 07434 042215,
treasurer@chesterfieldu3a.org.uk

Business Secretary: Irene Wilkinson, 01246 234924
secretary@chesterfieldu3a.org.uk

Minutes Secretary: Ian Hardy, 07811 642464,
minutessecretary@chesterfieldu3a.org.uk

Other Committee Members:

Volunteer coordinator: Sue Atherton, 01246 229469,
volunteercoord@chesterfieldu3a.org.uk

Nicola Hoskin-Stone, 01246 275807, nicolahoskinstone@gmail.com

Sue Davies, 07967 035784, suekercher@hotmail.co.uk

Judy Stone, 07968 133564, judy.stone1@btinternet.com

New-member Supporter: Valerie Myers, 07928 327876,
newmembersupport@chesterfieldu3a.org.uk

Assistant Treasurer: Richard Turley, 07811 305886,
assistanttreasurer@chesterfieldu3a.org.uk

Joint Groups facilitator: Jane Machin,
groupfacilitator@chesterfieldu3a.org.uk

Key Volunteers:

Membership Secretary: Kathryn Lambert,
684 Chatsworth Road, Chesterfield S40 3NU,
membershipsecretary@chesterfieldu3a.org.uk

Assistant Membership Secretary: Richard Turley, 07811 305886

Beacon Administrator: Jean Jefferies, 01246 276161,
beacon.admin@chesterfieldu3a.org.uk

Assistant Beacon Administrator: Cynthia Parrott,
beacon.admin@chesterfieldu3a.org.uk

Facebook Moderator: Howard Borrell,
facebookmoderator@chesterfieldu3a.org.uk

Joint Groups facilitator: Brian Heathcote,
groupfacilitator@chesterfieldu3a.org.uk

Meetings Organiser: Sylvia Jackson, 07941917415,
meetingsorganiser@chesterfieldu3a.org.uk

Newsletter Editor: Jeanne Clark, 0114 2367390,
8 Abbeydale Park Rise, Sheffield S17 3PD
newslettereditor@chesterfieldu3a.org.uk
Refreshment Team Coordinator: Pat Jackson, patvic@talktalk.net
Website Manager: Mark Hoare, 01246 566722
webmaster@chesterfieldu3a.org.uk

u3a BUSINESS

COPY DATE FOR NEWSLETTER 187 NOVEMBER

Please send all items for the Newsletter to Jeanne Clark by email or post to the address above, as soon as possible and by **8th October** at the latest. The editor will acknowledge receipt, edit, and abridge as necessary and her decision on inclusion, content and format is final.

OCTOBER e-BULLETIN

Coordinators with new information which they want to pass on to their members, or details of activities or events which are coming up, should send the details to Jeanne Clark by **23rd September**.

NEW MEMBERS

A very warm welcome to our new members: Malcolm Smith, Julie Smith, Anthony Firman, Dennis Burnand, John Davis, Diane Pattison, John Wilson, Michael Bowman, Mavis Fletcher, Jill Massey, Mark Highfield, Ray Wallace, Mr and Mrs Anthony Leigh.

Kathryn Lambert, Membership Secretary,
membershipsecretary@chesterfieldu3a.org.uk

VIEW FROM THE CHAIR

We're well into the holiday season now and many of our members are making the most of the weather both in the UK and abroad. The beauty of being retired is that you are not restricted in the number of days/weeks you can spend away enjoying yourselves. No wonder they call it the Golden Age!

Member Involvement

I'm always keen to encourage our members to become more involved in our u3a and I'm pleased to report that there are two new groups being set up and a prospective talk.

Rummikub Group 2

Rummikub Group 1 is fully subscribed, so Lesley McCabe has set up a second group which meets at Loundsley Green between 10am - 12 noon on alternate Tuesdays starting on 5th August. It's a very social game with lots of fun and chat mixed with a game of Rummikub. Do come along if you like a good social game.

Trips and Visits

We used to have regular coach visits to places of interest within reasonable travelling distance of Chesterfield. Sadly, that ceased a little while ago, probably because of covid. Lyn Wood has experience of running such a group at Dronfield u3a and is offering the same opportunity to Chesterfield.

There's too much work required for Lyn to undertake on her own, so she needs a team of willing volunteers to assist her covering such things as coach hire, seat bookings and taking and recording cash on Beacon. It would be lovely to have a coach full of happy travellers on a regular basis and there is no shortage of people expressing interest in the venture. We just need three volunteers to help Lyn make a success of this. Please step forward and offer the help that she needs. Lyn can be contacted on **07341 270811** or email her: **lyndawood663@gmail.com** to discuss this further.

Power of Attorney and Wills and their Execution

At the last Open Meeting, we had an excellent presentation from Julie Smith of Silvertime Legal which generated a lot of interest.

One of our members, Mike Poole, has offered to give a follow up talk. He has had personal experience of such matters but is not a professional lawyer. However, it is an opportunity for audience participation where we can all learn from each other. If it touches

on an idea you want to explore further, you can always raise it with your own professional advisers afterwards.

However, we need to know the numbers wishing to attend Mike's talk so that we can book an appropriately sized room. Please respond to **chair@chesterfieldu3a.org.uk**

Paper Copies of our bi-monthly Newsletter

Almost 180 of our members (20% in total) requested a paper version of the bi-monthly newsletter. The cost of this runs into several hundred pounds per edition. With postage and printing increasing at a rate in excess of inflation, this represents a considerable and escalating drain on our resources, quite apart from the impact on the environment.

Please consider very carefully whether you would like to cancel the paper version and read the newsletter online. Please let Irene Travis know if you would like to change.

treasurer@chesterfieldu3a.org.uk

Group Coordinator Meetings

Two meetings with Group Coordinators have been arranged - 24th September and 16th October - to discuss the implications for them of the Health and Safety Guidance and to give them opportunities to raise issues of concern to them. Many people have indicated which meeting they want to attend; however, not everyone has replied. Please select your date as soon as possible by replying to

groupfacilitator@chesterfieldu3a.org.uk

Expertise within Chesterfield u3a

With over 850 members, there's a lot of experience within our organisation that we fail to harness. Your committee has some experienced members, but we are by no means the 'font of all knowledge'. We could really benefit, from time to time, with input on IT and marketing for example, but don't know who to approach. When people join our organisation, we ask for details of name, address, phone number and email address only.

To rectify this, I will shortly be sending out an email to members:

- a) to ensure that our records are up to date, and
- b) asking for your own areas of expertise, both professional and pastime.

Returning the email with completed information is purely voluntary, but we would greatly appreciate your help and willingness to share this information within our organisation.

Alan Cornwell, chair@chesterfieldu3a.org.uk

OTHER MATTERS

u3a NATIONAL EVENTS ON OUR WEBSITE

There is now a page on the website that gives a link to the National online zoom events.

<https://chesterfield.u3asite.uk/forthcoming-national-u3a-events/>

VOLUNTEERS NEEDED

There are to be meetings for **Group Facilitators** in the near future. If anyone out there is wondering whether they might become a facilitator at some point, you would be most welcome to come to one of these meetings.

Contact me or my job-share partner, Brian Heathcote.

Jane Machin, groupfacilitator@chesterfieldu3a.org.uk

REFRESHMENTS ORGANISER AND MEET AND GREET COORDINATOR

I will be stepping down at the AGM next year as **Refreshments Organiser** and also the **Meet and Greet coordinator**. I know it

seems a long time away, but time seems to go more quickly nowadays.

Anyone interested in either or both of these Key Voluntary roles please come along and chat to me or contact me on patvic@talktalk.net. I will help all I can.

The Coffee Mornings are bi-monthly as are the Open Meetings. The roles require asking for volunteers to help at these meetings.

Pat Jackson, patvic@talktalk.net

EVENTS

There will be a **Coffee Morning on Wednesday 1st October**
from **10.15am – 11.45am**



in **Spire Parish Rooms on Church Way.**

There is a sign saying **The Saints Parish Centre**. It is
in St Mary's Gate, and the
entrance is down the left-hand side.

Everyone welcome!

u3a DARMSTADT TWINNING SOCIETY EVENTS

Day Trip: Tuesday 2nd September

This will be a day trip with the Darmstadt visitors to York, leaving at 9am from Chesterfield Town Hall, returning at 5pm. The cost will be £25 per person. For tickets, please send cash in advance in an

envelope marked with name, telephone number and email address to:

Hazel Linsey, Somersall Hall, Somersall Hall Drive, Chesterfield S40 3LH. Tel 07580 763117 (Hazel) or 07521 384587 (Jane).

Day Trip: Thursday 4th September

This will be a day trip to Scarborough, leaving Chesterfield Town Hall at 9am, returning at 5pm. The cost will be £25 per person.

Payment and contact details as above.

We hope you will join us.

Jane Nutting, 07521 384587

NEW GROUPS and POSSIBLE NEW GROUPS

RUMMIKUB GROUP 2

It will be held at Loundsley Green Community Centre fortnightly, on Tuesdays, from 10am until 12noon. The September dates will be 2nd and 16th.

Please contact Lesley through the Groups page on the website:

<https://chesterfield.u3asite.uk/groups/>



TRIPS & VISITS - VOLUNTEERS REQUIRED

Would anyone be interested in helping get a Trips & Visits group up and running for 2026?

It's a large undertaking for one person and ideally requires a further three volunteers to organise.

Once a list of locations and travel dates have been agreed, help will be required in the following areas:

1. Source and liaise with a local coach operator on costings for each individual trip.
2. Sale of coach seats, and record keeping at the monthly meetings.
3. Entering financial information on the u3a Beacon system including banking any cash and cheques.

I am prepared to act as coordinator for the group, so please call me on **07341 270811** or email:

lyndawood663@gmail.com to discuss this further.

POSSIBLE NEW GROUPS

There are ideas for two new groups, both very interesting.

One is to follow a new and rather novel way of learning that old school favourite - **Latin**. Yes - Latin!

The other is for an online group for members to pursue together experimenting in creating **mixed media art**.

We are being encouraged in the media to take up new pastimes to help with our mental well-being, so . . . think about these two ideas and let me know if you might be interested.

Many members will remember we used to have a very popular Travel Group. There is a suggestion that such a group might start again with a small team co ordinating it. We need 3 or 4 individuals.

If you think you could maybe do this, please let me know

Jane Machin, groupfacilitator@chesterfieldu3a.org.uk

GARDEN APPRECIATION GROUP 1

The group visited Pinxton Open Garden.



Marian Pateman took the photo.

Irene Trevis, treasurer@chesterfieldu3a.org.uk

MUSIC INSTRUMENTAL GROUP

We always welcome and have places for new members.

If you have a musical instrument, e.g. clarinet, saxophone, flute, oboe, violin and can read/sight read music, why not come along to a free taster session, to see the range and level of music we play?

Please contact Elaine via the groups section on the website.

<https://chesterfield.u3asite.uk/groups/>



SCIENCE GROUP

The Science group welcomes new members; we meet on the **first Thursday** in each month, unless otherwise stated, from **2pm – 4pm**.

at St Thomas' Church, Brampton. Members are asked to pay £3 per session to cover hall hire and refreshments.

Thursday 4th September: Tony Wride, ex-Royal Navy and airline pilot, on *Aviation Safety*

Thursday 2nd October: outing to the Rolls-Royce Heritage Centre in Derby for 11am.

We still need presenters willing to give a session in or after February. If you are interested, please contact me.

David Hart, hartdavid056@gmail.com

UPWORDS

The next meetings are 3rd and 17th September, and 1st, 16th and 29th October.

Tony Clark, tony.clark1@btinternet.com

WALKING GROUPS

WALKING GROUP D (TUESDAY)

These walks are usually of 5 to 7 miles. We set out **promptly** at 10am and all walks include a coffee stop and a lunch stop (bring your own). New walkers are always made welcome. **Easy** walks have no or very short steep climbs and descents and are up to about 5 miles long. They may include long but gentle climbs and descents. **Moderate** walks will be up to 7 miles in length and may have a number of climbs and descents, some of which may be steeper or longer. **Hard** walks will be 7 miles or a little longer and will have a number of steep or long climbs or descents.

The named leader will decide if the weather is suitable for the walk; if you are in any doubt, please ring them.

2nd Sept: GR251801 S32 1DA Surprise View CP (fee): Richard, 5 miles Moderate

9th Sept: GR267801 S11 7TZ Longshaw Woodcroft CP (fee for non-NT members): Harry, 5.5 miles Moderate

16th Sept: GR259659 DE4 2EL Old Station Road CP, Rowsley (free): Sue A and Nicky, 6½ miles Moderate – steady ascent until coffee

23rd Sept: GR166751 SK17 8QU, Park on road near Red Lion, Litton: Mel, 6 miles Moderate

30th Sept: GR267801 S11 7TZ Longshaw Woodcroft CP (fee for non-NT members): Liz and Peter 07527 995776 5.5 miles Easy/Moderate

7th Oct: GR239603 DE4 2DR, Winsters top CP (near Miners' Standard): Andy, 7 miles Moderate/Hard some short steep climbs; some stiles

14th Oct: GR259659 DE4 2EL Old Station Road CP, Rowsley (free): Helena, 5½ miles One hard climb

21st Oct: GR269623 DE4 2GL, Darley Bridge CP, near cricket ground: Valerie and Dorothy, 6 miles Moderate

28th Oct: GR194696 DE45 1QG near church in Ashford-in-the-Water: Joyce and David 07926 547112, 7 miles Moderate. Some steep ascents and descents

Any enquiries please contact the coordinators:

Joyce Hart 07926 547112 and Peter Smalley 07527 995776

WALKING GROUP B (Thursdays)

We start promptly at 10am. Please arrive in good time to be suited and booted for 10am. On walks of over 6.5 miles, a drink for a coffee stop and a packed lunch should be carried. These walks are shown with TL after the distance. On shorter walks there will be a stop for coffee (which you should carry) and a pub or café lunch may be arranged at the end.

Easy walks involve a total ascent of less than 500 feet (150m), Moderate walks have between 500 and 1000 feet (305m) and Harder walks have over 1000 feet. Grid Reference for starting points are shown. Any problems, give me a call or text.

Walks can be changed/cancelled for a number of reasons. Emails will be sent to all members of the group to advise. Therefore, if you are thinking of joining us for the first time, give me a call or drop me an email so that I can advise you of any changes and look out for you.

4th Sept: GR280721 NT CP next to Robin Hood pub: Blackstone and Baslow Edges; Ron: 6 miles Moderate 760ft ascent

11th Sept: GR412672 Grassmoor CP Birkin Lane: Winswick, Hasland Green, Churchside Farm; Joy: 5.4 miles Easy

18th Sept: SK257660 Rowsley Old Station CP: Rowsley Moor Wood, Calton Houses; Bob: 5 miles Moderate

25th Sept: SK172837 S33 6RG Eccles Close, Hope: Lose Hill, Hollins Cross, Castleton, Hope: Steve L: 7 miles TL Harder

2nd Oct: GR233546, 53.088857 1.6535047 Wirksworth Dale; Brassington, Raintor Rock, Harbro Rocks: Carole: 6.5 miles Moderate 702 ft ascent

9th Oct: GR402804 Bridge Inn Ford: 12 Acre Wood, Bramley and Troway; Adrian 5.5 miles Moderate

16th Oct: GR173894 Fairholmes CP (P&D): Ladybower; Carol: 6 miles Easy

23rd Oct: GR258721 Baslow CP (P&D): Chatsworth Hunting Tower, Swiss Cottage – figure of 8; Ron: 5.8 miles Moderate 603 ft ascent

30th Oct: GR124743 Wormhill, start on ‘No through road’, leading to the church; Wormhill, Hargatewall, Peterdale, Millersdale; Andrew: 6.5 miles Moderate 911 ft ascent

Carole Grew, 07739 383772, carole.grew64@gmail.com

STROLLERS (Saturdays)

Our walks take place fortnightly and will be on the following Saturdays:

30th August, 13th and 27th September, 11th and 25th October.

We do our best to avoid stiles and steep slopes and walk for a maximum of 3 miles.

Emails detailing venues and how to get there are sent out to members regularly. You must be booted and ready to leave for the walk at 10.45am. Members often organise pub/café lunches at the end on an informal basis which you may join if you choose. If a walk is to be cancelled in advance, we send out an email to members the evening before if possible, suggesting an alternative coffee meeting

place. If weather conditions are very poor on the morning of the walk it would be advisable to contact the coordinators or walk leaders to ask if the walk is going ahead before you set out. Again, a coffee alternative may be suggested. **Anyone wishing to join the group should contact the coordinators beforehand for details of the next walk.**

Sue and Brian Taylor, 07532 160324, sue_taylor@live.com

THIRD AGE TRUST

In a recent email from the Third Age Trust, mention was made of the death of Eric Midwinter, one of the visionary co-founders of the u3a movement in the UK.

Eric, along with Peter Laslett and Michael Young, established u3a in 1982 with the belief that later life should be a time of continued learning, connection, and contribution. Eric's commitment to challenging negative stereotypes of ageing, and to creating spaces for older adults to share skills, knowledge, and friendship, has shaped the lives of hundreds of thousands of u3a members over four decades.

Eric's vision has flourished over the years, and it is hoped that his legacy will continue to inspire new generations to embrace lifelong learning and positive ageing.

Taken from an article by Iain Cassidy, CEO of the Third Age Trust

LOGISTICAL PUZZLE (next page)

5 people have flown to Paris, only to find their belongings have been sent elsewhere. Can you use the clues to match each person with the item of luggage he/she has lost, the city where each item ended up, and the number of nights in Paris?

	Blue holdall	Brown suitcase	Green rucksack	Grey holdall	Grey suitcase	Amsterdam	Berlin	Madrid	Milan	Stockholm	3 nights	4 nights	5 nights	6 nights	7 nights
Alan															
Devansh															
John															
Kathy															
Sarah															
3 nights															
4 nights															
5 nights															
Six nights															
7 nights															
Amsterdam															
Berlin															
Madrid															
Milan															
Stockholm															

- Alan has arrived in France only to find his blue holdall has not, while John's suitcase has been sent to Milan.
- The brown suitcase that ended up in Stockholm is not Sarah's luggage. She has booked a 5-night stay in Paris.
- Kathy has arranged a longer stay in Paris than the person whose luggage has gone to Berlin.
- The man who owns the misdirected grey holdall is due to spend 7 nights in Paris.

- The person who will be spending 4 nights in Paris is the owner of an item of luggage which is currently in Madrid.

Traveller	Item	City	No of nights